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Dysregulated fibroblast growth factor (FGF) signaling in neurological and psychiatric disorders

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Abstract

The role of the fibroblast growth factor (FGF) system in brain-related disorders has received considerable attention in recent years. To understand the role of this system in neurological and psychiatric disorders, it is important to identify the specific members of the FGF family that are implicated, their location and the various mechanisms they can be modulated. Each disorder appears to impact specific molecular players in unique anatomical locations, and all of these could conceivably become targets for treatment. In the last several years, the issue of how to target this system directly has become an area of increasing interest. To date, the most promising therapeutics are small molecule inhibitors and antibodies that modulate FGF receptor (FGFR) function. Beyond attempting to modify the primary players affected by a given brain disorder, it may prove useful to target molecules, such as membrane-bound or extracellular proteins that interact with FGF ligands or FGFRs to modulate signaling.

Keywords

Hippocampus; Neurological; Psychiatric; Brain; Development; Therapeutics

1. Introduction

The explosion in brain research has not only enhanced our specific knowledge about the brain from molecule to behavior, but it has also changed our view of the very nature of the organ, one that is more capable of self-remodeling and repair than neuroscientists had previously expected. The early emphasis on classical neurotransmitters may have underestimated the critical role of other classes of molecules that not only guide the building of the brain, but also maintain its viability, plasticity and ability to rewire and repair itself.

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Over the last three decades, growth factors have emerged as critical players in the development, remodeling and long-term survival of brain structure and function. But they also appear to perform other, more rapid modulatory functions that remain to be fully understood or explored. While the groundbreaking work on Nerve Growth Factor (NGF) [1] had focused on the development of the peripheral nervous system, the discovery of a brain derived neurotrophic factor in 1982, later termed BDNF, began to shift the emphasis toward the central nervous system [2]. But it was not until the late 1980s and early 1990s that a picture began to emerge more clearly regarding the existence of multiple neuronal functions of growth factors from different families, including the target-derived neurotrophins (NGF, BDNF, Neurotrophin-3 or NT3) and Ciliary Neurotrophic Factor (CNTF). In a thoughtful review of the neurotrophin field, Thoenen essentially laid out the outlines of future research in the area: “The rapid regulation of neurotrophic molecules by neuronal activity using specific transmitter systems suggests that the function of neurotrophic molecules is much more than merely to regulate the survival of neurons during development and to maintain the function of fully differentiated neurons.” He went on to add: “The elucidation of the structure and function of new neurotrophic molecules, along with the understanding of their physiological functions, might also open up attractive possibilities for their therapeutic use in the treatment of traumatic and degenerative diseases of the peripheral and central nervous systems” [3].

The role of the Fibroblast Growth Factor Family (FGF) has an even shorter history in the context of neuroscience. As the name suggests, the role of FGFs in skin is better known, and their functions in wound healing much better studied, with over 1000 publications on this topic beginning with the observation that soluble cues from the dermis aid in wound healing. During healing, the skin secretes growth factors which are bound by the support matrix to regulate activity. Indeed, one of the main soluble cues in skin is FGF2. Exogenous FGF2 is known to increase other growth factors and promote healing peripherally [4]. Moreover, an increase in other growth factors following FGF2 administration has been observed during tissue regeneration [5]. Advances in biomedical engineering are allowing the reproduction of the support matrix to recapitulate the cues that drive repair of the skin. Work on the FGF family in this arena and in the area of cancer research promises to provide many tools that might prove useful in the context of neuropsychiatric and neurological disorders.

Our own interest in the role of FGFs in affective disorders began over 10 years ago based on observations in human post-mortem samples [6]. Since then, numerous strands of evidence both in human studies and animal models have come together to implicate the FGF family in a range of brain disorders. Below, we provide an overview of this growth factor family, summarize the evidence pointing to its implication in the pathophysiology of brain disorders and discuss possible opportunities for targeting it to derive novel treatment strategies.

2. The FGF system

2.1. FGF ligands

To understand the role of the FGF system in neurological and psychiatric disorders, it is useful to examine the role of this system in development. In mammals, there are 18 different FGF ligands than can be secreted. Several of the secretable ligands drive brain development

by imparting positional information and regulating other transcription factors involved in patterning. In addition to the secretable ligands, there are four FGFs termed FGF homologous factors (FGF11–FGF14) that remain intracellular. Five members of the FGF family are important for cortical patterning: FGF3, FGF8, FGF15, FGF17 and FGF18 [7]. With the involvement of so many FGFs, there is a natural hierarchical organization of function. FGF8 can control FGF17, while FGF8 and FGF17 together can activate numerous transcription factors involved in intracortical wiring and size, whereas FGF15 functions in opposition to their actions [8]. Defects in these FGFs have been suggested to contribute to some of the cortical abnormalities observed in autism spectrum disorders [9].

FGF8 appears to be the main player in midbrain, hindbrain and forebrain patterning [10]. This factor is also capable of regulating FGF receptors, especially in the hippocampal-derived neuronal cells [11]. FGF17 is also involved in the patterning of the frontal cortex through regulation of transcription factor expression [12,13]. While some members of the FGF family are involved in patterning and growth, others are critical in specifying the nature of the signaling. For example, FGF22 and FGF7, play a role in excitatory and inhibitory presynaptic differentiation, respectively [14]. Finally, FGF9 was initially identified as glia activating factor [15].

Another ligand, FGF2 (also termed basic FGF) is involved in neurogenesis during brain development [16]. Remarkably, FGF2 has been recently shown to facilitate the formation of functional dopaminergic neurons from stem cells derived from bone marrow [17]. In addition, FGF2 can induce angiogenesis and is a pro-survival, pro-migration and pro-differentiation factor. With large 3' and 5' regions, it is the target of a complex transcriptional regulation by miRNAs and various transcription factors [18].

Two key regulators of FGF2 are CREB and carboxypeptidase E (CPE). Recently, chronic stress in mice sufficient to produce depression-like behavior was shown to decrease CPE along with decreased expression of FGF2 [19]. Furthermore, CPE knock-out mice exhibit depression-like behavior that was reversed by FGF2 administration. CPE likely upregulates FGF2 through extracellular signal-regulated kinase-Sp1. FGF2 can also be regulated by microRNAs, such as miR-15a and miR-16 [20]. In turn, FGF2 regulates other miRNAs, such as miR-134 [21].

In humans, FGF2 can exist in different molecular weights, 18 kDa, 21 kDa, 22.5 kDa, 24 kDa and 34 kDa, translated from alternate initiation codons. The two highest molecular weight (HMW) isoforms do not exist in rodents. The low molecular weight (LMW) 18 kDa isoform is found both in the nucleolus and cytoplasm and can be secreted, whereas the other four HMW isoforms remain in the nucleus [22]. Thus, the different isoforms can have distinct functions in different regions and exhibit different expression patterns throughout early brain development. FGF2 does not have a signal peptide for secretion, and the mechanism of secretory export remains unclear. Recently, it was proposed that the Na/K-ATPase plays a role in the secretion of FGF2 [23]. One particular subunit, ATP1A1 directly recruits FGF2 to the plasma membrane where it can oligomerize and form a lipid pore. Heparin sulfate proteoglycans then help translocate FGF2 across the membrane.

In addition to paracrine/autocrine FGFs, there are endocrine ligands. FGF21 is found in primary neurons known to facilitate glucose and lipid metabolism by interacting with FGFRs and β -klotho. FGF21 can be increased by mood stabilizers, such as lithium or valproic acid and by phosphorylated Akt. In turn, FGF21 can activate Akt to protect hippocampal neurons from glutamate toxicity [24]. Similarly, FGF23 is increased in serum following lithium treatment in individuals with major depressive disorder, although the nature of the effect in controls is unknown [25]. Secondary effects of FGF21 and FGF23 have also been observed in the brain [26]. For example, overexpression of FGF23 has been found to induce hypophosphatemia. These animals also exhibited impaired learning and memory and reductions in hippocampal markers secondary to the hypophosphatemia [27].

The above thumbnail points to the wide range of functions played by the FGF family in the nervous system, via a number of cellular mechanisms, molecular partners and signaling pathways.

2.2. FGF receptors

FGF signaling is mediated through four membrane-bound receptors (FGFR1–FGFR4) which share 46% amino acid identity. FGFR1 and FGFR4 are primarily neuronal, whereas FGFR2 and FGFR3 are expressed in oligodendrocytes and astrocytes, respectively [28]. FGFR1 is the only FGF receptor to date that can be increased by nuclear levels of FGF2 [29]. Conversely, FGF2 can also be regulated by nuclear FGFR1 [30]. Inside the nucleus, FGFR1 can co-localize with FGF2 in various cell types to form a complex with CREB-binding protein (CBP) to regulate transcription of various genes [31].

FGFR1 is the more abundant receptor in the brain and while primarily neuronal, it is also located on radial glia cells [32]. FGFR1 is necessary for learning and memory, hippocampal growth and pyramidal neurons, whereas FGFR2 is involved in progenitor cell proliferation and learning and memory [33]. FGFR3 has been implicated in the proper formation of the cortex [34]. Taken together the three receptors are responsible for the size of the cortex by maintaining an adequate supply of radial glia [35]. In relation to normal brain development, mutations in FGFR2 can lead to either Apert Syndrome or Crouzon syndrome marked by subcortical changes in the shape of several brain structures independent of changes in the skull [36].

The FGF receptors have three extracellular immunoglobulin-like domains (IgI, IgII and IgIII), a single transmembrane domain and an intracellular tyrosine kinase domain (for review see [37–39]). FGF ligands bind to IgII and IgIII and the linker region between IgII and IgIII, whereas heparan sulfate binds to the basic canyon region of IgII [40]. The receptors dimerize and autophosphorylate after two FGF ligands and two heparan sulfate proteoglycans bind the receptor. The activated receptor signals through three main pathways: PLC γ , MAPK and AKT. Additional diversity in this receptor family derives from alternative splicing. Thus, two receptor isoforms can result from the alternate use of exon 8 or exon 9, resulting in the IIIb or IIIc isoforms respectively. The expression of these two isoforms for FGFR1–3 affects their signaling, ligand selectivity, binding to other partnering proteins and cell-type specificity [41]. The IIIb isoform is more common in early brain development, and

there is some indication that activation of the IIIb isoform later in life could have deleterious consequences [42].

3. FGF system in neurological disorders

Since the FGF system is involved in the formation of those brain circuits in the hippocampus and cortex that are associated with epileptogenesis, it is no surprise that FGF members can play a role in seizures. Indeed, mutations or deletions in FGF8 and FGF17 have been identified in some epileptogenic disorders, probably due to their roles in brain development [43]. More broadly, the FGF family is highly responsive to seizures and FGF1, FGF2, FGF5, FGF7, FGF8, FGF17 and FGF22 have all been shown to be altered in epileptogenesis [43]. In turn, these FGF ligands likely mediate some of the lasting effects of seizures on the brain. In the hippocampus, their post seizure actions include cell death, astrogliosis, damage to the blood-brain-barrier (BBB), mossy fiber sprouting, aberrant neurogenesis and alteration of excitatory and inhibitory terminals. FGF5 expression is increased shortly after acute seizures, along with an increase in FGF2 and FGFR1 [44]. However, FGF5 appears to have contrasting roles in epilepsy development, as is common in this family. Specifically, it appears to favor astrogliosis while at the same time protecting the BBB. It is also possible that some members of the FGF family could play a protective effect. In rodents, FGF1 exerts an anticonvulsant effect in the kainate model [45], whereas inhibiting FGF22 and activating FGF7 may help alleviate epileptogenesis [43]. The latter may be due to their disparate roles in presynaptic differentiation of glutamate and GABA neurons [14].

Perhaps the best studied FGF member in the context of neurological disorders is FGF2. In general, it reduces brain damage and improves function in animal models [43]. However, in epilepsy research, FGF2 has a multi-faceted role. Acute FGF2 can favor seizures while chronic FGF2 can reduce seizure-induced behavioral deficits and cell death. The upregulation of FGF2 following a seizure is fast and transient in the hippocampus and cortex [46]. However, the effects of the higher molecular weight isoforms may be sustained and function to protect the cells from further injury.

FGF2 may also play a role in autoimmune diseases of the brain, such as multiple sclerosis (MS) and lupus. In MS, FGF2 was higher in patients than in controls and higher in relapse patients than in those in remission [47,48]. This is thought to be a protective effect based on post-mortem findings in lesions [49]. FGF2 is known to regulate myelination, which is decreased in MS [50]. Moreover, FGFR1 and FGFR2 mutant mice exhibit hypomyelination, suggesting that FGF signaling is necessary to increase oligodendrocytes and form myelin sheaths of normal thickness. Overexpression of FGF2 has also been shown to be beneficial in the experimental autoimmune encephalomyelitis model of MS [51]. In lupus, FGF2 is positively correlated with disease activity [52]. A recent study compared the protein levels of various growth factors in the cerebrospinal fluid (CSF) of lupus patients relative to subjects with disrupted BBB, such as MS. FGF2 was one of six upregulated genes that predicted lupus using a weighted algorithm [53].

To address whether the FGF system is altered around the site of the brain injury, we performed a single vehicle microinjection (artificial extracellular fluid) into the dentate

gyrus of rats. As shown in Table 1, FGF2 and FGFR1 gene expressions were increased 24 h following the infusion compared to uninjected control rats (unpublished data). Interestingly, both FGF2 and FGFR1 expression were no longer different from controls after one week. The expression of FGF9, initially termed glia activating factor, BDNF and trkB are also shown. These findings have interesting implications given the various nuclear functions of FGFR1 discussed in Section 2.2. This finding also suggests that microinjections may be traumatic, and that the FGF system may be promoting recovery from the trauma. While studies routinely use vehicle microinjection as a control, interpretations rarely consider the possibility of an interaction between the microinjection process and the experimental manipulations, including the induction of growth factors.

4. FGF system in neurodegenerative disorders

Several FGF family members have been implicated in Parkinson's disease. Among these, perhaps the most prominent is FGF20. FGF20 is preferentially expressed in the substantia nigra pars compacta (SNpc) and has been shown to enhance the survival of dopaminergic (DA) neurons [54]. The mechanism involves activation of FGFR1IIIc and the MAPK pathway. When DA neurons were differentiated from embryonic stem cells, FGF20 acted in synergy with FGF2 to increase dopamine cell number [55]. In the 6-hydroxydopamine lesion model, infusions of FGF20 into the substantia nigra protected against dopamine neuron loss in both the SNpc and striatum and preserved motor function [56]. Since this study implied a protective role of FGF20, it seemed logical that genetic variation in this gene may predispose individuals to Parkinson's disease. To this end, a single nucleotide polymorphism (SNP) in the 3' UTR of FGF20 has been associated with Parkinson's disease risk [57]. The SNP involved affects binding of miR-433 which increases translation of FGF20. More recent work has described an association between FGF20 and α -synuclein in sporadic Parkinson's disease [58]. However, this may occur only in certain populations as a study in Northern Han Chinese did not find any differences in FGF20 SNPs [59].

Since FGF20 can act in conjunction with FGF2 to increase dopaminergic neuron number in primate stem cell models [55], much research has also focused on the role of FGF2 in the nigrostriatal pathway. Intra-striatal expression of LMW FGF2 has also been shown to increase dopaminergic neuron recovery following a chemically induced lesion [60]. This increased survival is thought to be the result of signaling through microglia to clean up amyloid β [61]. In the context of genetic models, mice deficient in all FGF2 isoforms show reduced dopamine (DA) neuron number. The opposite is true for transgenic mice that overexpress FGF2 [62]. Interestingly, FGFR1 can control the development of dopaminergic neurons in the SNpc. Mice lacking the tyrosine kinase region of FGFR1 in tyrosine hydroxylase cells exhibit a smaller SNpc and fewer DA neurons [63].

FGF2 has also been shown to be beneficial in animal models of Alzheimer's disease. Overexpression of FGF2 restored spatial learning, long-term potentiation, and neurogenesis [64]. The mice also showed a reduction in amyloid β through microglial activation. The proposed mechanism is through FGFR1 signaling increasing OX-2 membrane glycoprotein (also termed CD200) [65]. In a mouse model of Alzheimer's disease based on overexpression of a mutant form of amyloid precursor protein (APP23), FGF2 treatment

reduced the expression of beta-site amyloid precursor protein-cleaving enzyme 1 (BACE1), the enzyme responsible for the production of amyloid β [66]. This reduction was associated with a decrease in amyloid β deposition, tau pathology and spatial memory deficits.

5. FGF system in psychiatric disorders

Several reports have demonstrated alterations in the FGF system in individuals with major depressive disorder (MDD). The first demonstration by Evans et al. found decreased expression of FGF1, FGF2, FGFR2 and FGFR3 in cortical areas, and increased expression of FGF9 and FGF12 [6]. Five subsequent reports further validated and described differential expression of FGF family members in post-mortem brain (reviewed in [67]). One study found no differences in the plasma levels of FGF2 [68]. However, a recent report on serum of patients with MDD found lower serum FGF2 levels in these patients compared to controls [69]. FGF2 levels did not appear to respond to treatment, but it should be noted that there were seven different medications in the cohort being studied and not all of them have been shown to increase FGF2 levels. This recent study excluded individuals with a family history of MDD and included medication-free patients. The latter is an important difference between the two studies.

Recently, the circadian system was found to be disrupted in the post-mortem brains of individuals with MDD [70]. Therefore, we decided to assess whether FGF2 and FGFR1 exhibit circadian rhythmicity in the rodent hippocampus. For this study, lights were on at 0700 h and off at 1800 h. As shown in Fig. 1, the peak for FGF2 was at 1600 h, whereas the nadir for FGFR1 was at 2400 h (unpublished data). This suggests that FGFR1 lags FGF2, with the expression pattern of FGF2 similar to the pattern of corticosterone levels in blood.

Several reports in animal models have demonstrated an antidepressant effect of FGF2. The first of these showed an antidepressant effect of intracerebroventricular FGF2 in rats [71]. Subsequent studies in mice using different models for depression have further described the role of FGF2 in depression. FGF2 was antidepressant and rescued deficits induced by a model of depression-like behavior [72]. Antidepressant effects were also observed following FGF2 infusion into the prefrontal cortex in the chronic unpredictable stress model of depression [73]. In this latter study, FGF2 also prevented the stress-induced decrease in glial proliferation. Most recently, chronic mild stress was used to induce depression-like behavior in a stroke model [74]. These animals exhibited less FGF2 (mRNA and protein) in the frontal lobe compared to controls.

The first evidence that FGF2 has an anxiolytic effect was demonstrated by Perez et al. [75]. This was associated with an increase in the survival of both neurons and glia in the dentate gyrus. Additional work found that early life administration of FGF2 could also decrease anxiety-like behavior in adulthood [76]. This was associated with an altered developmental trajectory of the hippocampus and alterations in gene transcription. Many of the transcripts were previously associated with either anxiety or cell survival. Recently, early life FGF2 has been shown to have epigenetic effects. Epigenetic marks can include DNA methylation, histone post-translational modifications and non-coding RNAs [77]. FGF2 can influence the methylation status of histones and be influenced by histone methylation. Specifically, the

association of trimethylated histone protein H3 at lysine 9 (H3K9me3) at the FGF2 promoter was lower in animals that naturally have less FGF2 [78]. These same animals also have increased anxiety-like behavior. Furthermore, FGF2, which is known to decrease anxiety-like behavior, increased the association of H3K9me3 at the FGF2 promoter. It is possible that this epigenetic effect was mediated by FGF2 translocating to the nucleus, as in other model systems [79].

The FGF system has been implicated in the mechanism of action of antidepressants. It is well known now that tricyclic antidepressants and selective serotonin reuptake inhibitors can increase FGF2 levels in cortical neurons [80]. This coincides with a mobilization of the HMW FGF2 from the nucleus to the cytoplasm. More recently, a monoamine oxidase inhibitor has been shown to increase both the low and high molecular weight isoforms of FGF2 in cortical astrocytes [81]. This body of work has led us to conclude that the FGF system in general, and FGF2 in particular are strongly implicated in the regulation of affect. This is based on both human and animal studies, with FGF2 functioning as an endogenous anxiolytic and antidepressant that is downregulated in the brain of severely depressed humans [67].

So far, alterations in FGF2 and FGFR2 have been implicated in bipolar disorder. In a large-scale case-control study in the Chinese Han population, one SNP in FGFR2 (rs111199993) was found to be associated with bipolar disorder [82]. As for FGF2, serum levels were higher in bipolar patients than in controls [83]. Since all of these subjects were in a manic episode, FGF2 levels also correlated with the duration and severity of the mania. Interestingly, mood stabilizers can alter the FGF system by epigenetic mechanisms. The primary mood stabilizer for bipolar disorder, valproate, has recently been shown to increase FGF1 expression by inhibiting HDAC activity [84]. The HDAC enzyme, which removes acetyl groups from histones, typically has an inhibitory role on gene expression. The increase in FGF1 expression involves altered binding of the regulatory factor X (RFX) transcriptional complex to the FGF1 promoter. Moreover, lithium chloride, another common treatment for bipolar disorder, also increased FGF1 expression by inhibiting GSK3. Like FGF1, FGF2 also has RFX sites in its promoter. Therefore, mood stabilizers may explain the increase in FGF2 in bipolar patients.

As reviewed by Terwisscha van Scheltinga et al., the FGF system has also been implicated in schizophrenia [85]. A large association study found that genetic variation in FGFR2 was associated with an increased risk of developing schizophrenia [86]. Subsequently, a genome-wide study strongly implicated a SNP near FGFR1 in schizophrenia [87]. In post-mortem brain analyses of gene expression, FGFR1 was found to be increased and FGFR2 was found to be decreased in schizophrenia [88,89]. In the periphery, FGF2 levels were increased in schizophrenic patients with high negative symptoms compared to controls [90]. Since a direct interaction has been shown between FGF receptors and adenosine A2 receptors, this suggests that FGF signaling could antagonize dopamine D2 receptors as well [91].

6. Targeting the FGF system

Given the range of functions of the FGF system and its implication in a number of neurological and psychiatric disorders, there is growing interest in finding strategies to modify its actions in order to ameliorate these disorders. While profiting from the broad interest in the FGF system outside the brain, these efforts are still in the early phases in terms of CNS applications and present a number of challenges. The receptors, while readily identifiable and targetable are also a point of convergence for the actions of a large family of FGF ligands for the entire organism, and the consequences of their activation or blockade need to be carefully evaluated. The diversity of molecules that partner with the FGF ligands and their receptors offer great targets of opportunity but also require more in-depth analyses of which molecule should be targeted for altering particular neural dysfunctions or disease states. Below we describe some of the available tools and a synopsis of what is currently known about their neural actions.

6.1. Antibodies

While specific antibodies targeted against any of the players in the FGF family may prove to be highly useful, a major challenge for brain disorders lies in the fact that they need to penetrate the blood-brain-barrier, at least in sufficient amounts as to be effective. Since 2008, the majority of the FGF ligand antibodies have focused on the endocrine FGFs. Anti-FGF23 may help in the treatment of hypophosphatemia, and anti-FGF19 may help in the treatment of hepatocellular carcinoma [92]. However, the endocrine ligands may not be as central to the neurological and psychiatric disorders as the classical paracrine-acting FGFs that we discussed above.

Much of the work in generating antibodies has derived from cancer research, where blockade of some FGFs or their receptors is sought as a means of reducing or reversing the progress of cancer. Although the development of these antibodies has been for oncology applications, there is the potential to explore their use in the context of brain disorders. While a few of these FGF antibodies have targeted ligands implicated in brain disorders, such as FGF2 most of the antibody patent filings since 2008, have focused on FGF receptors (reviewed in [92]). All of the antibodies in effect block binding of the natural ligands, depending on the isoform that is targeted. However, these antibodies have largely fallen short in Phase I clinical trials due to lack of efficacy in only targeting a single FGF receptor.

A promising alternative approach lies in the realm of FGF-traps. These are soluble portions of FGF receptors fused with the Fc fragments of an antibody that act as decoy receptors. These antibodies then have the ability to sequester specific FGF ligands [92]. One of these traps is the FGFR1-Fc designed by Five Prime Therapeutics, Inc. which is in Phase II trials for endometrial cancer (reviewed in [92]).

6.2. Peptides

Using peptide mimetics may be promising in that it might circumvent the specificity issue by targeting specific molecular partners that might be present only in the nervous system, or might be particularly dysregulated in the context of a specific brain disorders.

Neural cell adhesion molecule, NCAM, is a transmembrane protein that can interact with FGF receptors, independent of FGF ligands, and regulate synaptic plasticity. Originally known for its axonal growth properties, it is fairly ubiquitous in the brain and has several peptide mimetics [93]. The F and G loop (FGL) peptide has been the best studied of these and can activate FGF receptors, albeit with a lower affinity than FGF ligands [94]. Although many of its functions have been previously reviewed [67], the peptide has recently been shown to enhance synaptic transmission. Another peptide, enreptin can interact with both FGF receptors and NCAM [95], and this dual specificity agonist action may result in a greater response than peptides that only interact with the FGF receptor. This peptide crosses the BBB and has been shown to reduce inflammation, enhance memory, and be protective in models of Alzheimer's disease and multiple sclerosis [95].

There are also peptides derived from other proteins that interact with FGF receptors. The membrane glycoprotein CD200 can directly interact with FGFR1. The oxifin1 peptide derived from CD200 mimicked its neuritogenic and survival-promoting effects [96]. Proteins of the cell adhesion molecule (CAM) family, such as nectin-1, can also bind and activate FGF receptors [97]. CAMs signal through FGF receptors by trans-homophilic/heterophilic interactions of CAMs on opposite cells. CAMs interact with each other and then interact in *cis* with FGF receptors. Nectin-1 is prominently expressed in brain, including the hippocampus. Furthermore, nectide is a peptide derived from nectin-1 which can mimic its effects, including those on cell survival [97].

7. Conclusions

In summary, the FGF system is complex, with a range of biological functions ranging from nuclear to secretory proteins. Beyond the breadth and diversity of the family itself, it engages a wide range of molecular partners that modulate its actions in ways that are yet to be fully understood or integrated. It is clear that the orchestration between all the molecular partners and their cross-regulation is greatly affected by context, including the stage of development or aging, the cellular milieu, and the presence of various modulating factors and interacting factors. Moreover, it is evident that members of the FGF family can function in multiple time domains, guiding entire development programs and yet at least in some cases responding instantaneously to guide behavioral responsiveness. Members of this family, such as FGF2 can promote neurogenesis, help in recovery from injury, enhance learning and memory and protect against negative affect, while others modulate functions such as feeding and metabolic activity. The FGF system has been implicated in neurological disorders, such as epilepsy, neurodegenerative disorders, such as Parkinson's disease, and psychiatric disorders, such as major depression. FGF ligands may mediate their effects through epigenetic mechanisms, whereas FGF receptors may have a multitude of effects through interactions with other partnering proteins. The search is on for novel modulators of the system, such as small molecule inhibitors, proteins/peptides, and antibodies. An interesting tension is that the focus of the pharmaceutical industry has been aimed at inhibiting this system in order to control cancer. By contrast, positive regulators are likely needed to ameliorate neurological and psychiatric disorders. Finding the appropriate combination of tools that work in the brain without causing untoward side effects throughout

the body is a major challenge that will require a much greater depth of understanding of the FGF family in the context of neural circuits, both under healthy and pathological conditions.

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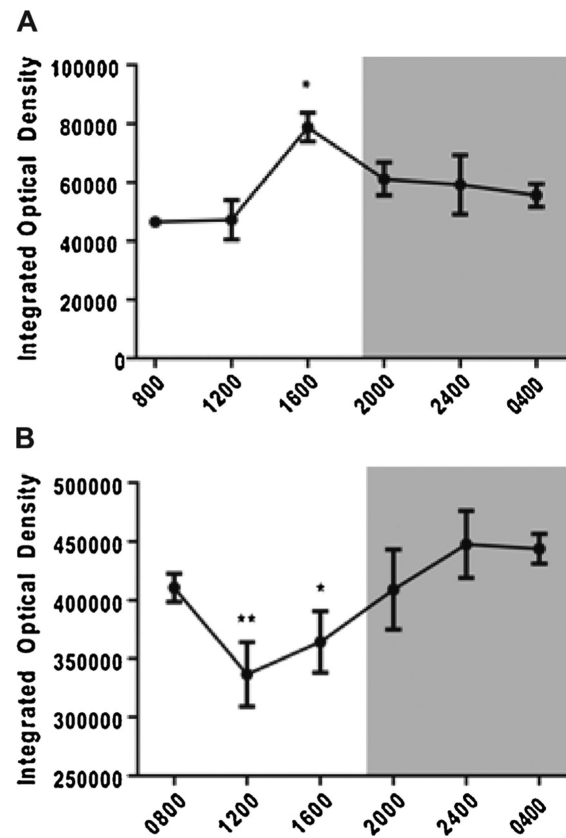


Fig. 1.

Gene expressions of FGF2 and FGFR1 in the hippocampus exhibit circadian rhythms in opposite directions[†]. Lights were on at 0700 h and off at 1800 h (unpublished data). A) FGF2 expression showed peak expression at 1600 h and trough expression at 0800 h. * $p < 0.004$ vs. 0800 h B) FGFR1 showed peak expression at 2400 h and trough expression at 1200 h. ** $p < 0.006$ vs. 2400 h, * $p < 0.04$ vs. 2400 h, [†]Unpublished data.

Table 1Effect of an acute microinjection in the dentate gyrus on growth factor expression 24 h and 1-week later.^a

Growth factor	24h	p-Value	1-Week	p-Value
FGF2	159% increase	0.0001	n.s.	
FGF9	54% increase	0.0001	n.s.	
FGFR1	30% increase	0.0001	n.s.	
BDNF	110% increase	0.0001	41% increase	0.001
trkB	n.s.		n.s.	

^aUnpublished data.

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