

## ***Escherichia Coli: Characteristics of Carbapenem Resistance and Virulence Factors***

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### **ABSTRACT**

*In this study, fifty Escherichia coli strains were analyzed by multiplex polymerase chain reaction for the genes expressed carbapenemase and virulence factors in order to determine the presence of carbapenemase and nine virulence factors and investigate the association between these two characteristics. When carbapenemase susceptibility was taken into consideration, OXA-48 type carbapenemase was determined for 22% of the total strains. Also, the frequency of virulence gene regions in E.coli infections and virulence gene profiles of these isolates were examined and the frequency of pap, afa, sfa, fimA, iroN, aer, iutA, hly and cnf-1 genes were 24, 38, 20, 84, 28, 90, 92, 10 and 34% respectively. A significant correlation was found between the presence of fimA and afa gene regions and carbapenem susceptibility ( $P < 0.05$ ). Based on the combination of carbapenemase and virulence factor genes, 24 different gene profiles were determined for all strains. The results of the study appear to indicate that fimA and afa genes correlate with carbapenem susceptibility, the relations of fimA with urinary tract infections and pap with complicated urinary tract infections. It also indicates that sfa and afa genes correlate with other infections except urinary tract infections.*

**Key words:** Carbapenemase; *Escherichia coli*; multiplex polymerase chain reaction; virulence factor.

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## INTRODUCTION

*Escherichia coli* causes urinary tract infections, neonatal meningitis, sepsis and intestinal infections more frequently than other members of the *Enterobacteriaceae* and it is responsible for 80% of community-acquired urinary tract infections.<sup>1</sup>

Extended-spectrum beta-lactamases (ESBL) which hydrolyze penicillins, cephalosporins, monobactams and generally inhibited by beta-lactamase inhibitors such as clavulanic acid, sulbactam and tazobactam can be produced by the members of *Enterobacteriaceae*.<sup>2</sup> The increasing usage of carbapenems, the first treatment option in ESBL producing *E. coli* infections, has brought out the problem of carbapenem resistance.<sup>3</sup> Carbapenems was firstly identified in clinical isolate of *Enterobacter cloacae*<sup>4</sup> and then carbapenem-resistant *Enterobacteriaceae* was reported from around the world.<sup>5</sup> Serine carbapenemases (KPC and OXA-48) and metallo-beta-lactamases (VIM, IMP and NDM) are the most commonly seen among carbapenemases.<sup>5</sup>

*E. coli* strains have some gene regions responsible for virulence factors which may encode adhesins, toxins, siderophores and haemolysin. Type 1 fimbriae, coded by plasmid-mediated *fimA* gene and commonly found in these strains from lower urinary system infections, enable *E. coli* to adhere to human ureteral mucosa epithelial cells.<sup>6</sup> P fimbriae that is expressed by plasmid-mediated *pap* (pyelonephritis-associated pili) gene, is produced by *E. coli* colonization of upper urinary system.<sup>7</sup> Afimbrial adhesin encoded by plasmid- or chromosom- mediated *afa* and S fimbriae encoded by plasmid *sfa* gene regions are commonly found in urinary system infection originated in isolates as well as sepsis and meningitis.<sup>8,9</sup>

Siderophores commonly found in *E. coli* isolates are aerobactin and ferric aerobactin, encoded by *aer* and *iutA* genes.<sup>10</sup> Also, salmochelin type siderophore encoded by *iroN* gene in recent years has become important.<sup>11</sup> These genes are expressed as plasmid-mediated and they are especially related to necrotoxicogenic, uropathogenic and septicemic *E. coli* isolates causing urinary tract infections, septicemia, bacteremia and systemic infections.<sup>6,12</sup> Also, cytotoxic necrotizing factor 1 (*cnf-1*) and haemolysin (*hly*) toxins are important for diversity of *E. coli* infections<sup>13,14</sup> and these gene regions expressed by plasmids are mostly produced by uropathogenic *E. coli* strains.<sup>15</sup>

The aim of the study is to determine the presence of carbapenemase and virulence factors of *E. coli* clinical specimens and evaluate the possible correlations between carbapenem resistance and virulence factors. Also, the frequency of virulence gene regions in *E. coli* infections and virulence genotypes of these isolates were determined.

## MATERIAL AND METHODS

### Bacterial strains and identification

In this study, *E. coli* strains (n=50), obtained from clinical specimens including abscess, bronchial, urea, blood, pleural effusion, tracheal, wound, catheter, body and ear fluid, were collected from three different hospitals in Ankara. Conventional methodology (Gram staining, hemolysis of blood agar, string test, IMViC tests, lactose fermentation, ornithine decarboxylase and motility tests), automatized system (Vitek-32 System, bioMerriex, France) and CHROMagar Orientation (CHROMagar Company, Paris, France) were used for identification of the strains.

**Antimicrobial susceptibility testing**

Susceptibility to extended spectrum beta lactamases (ESBL) and carbapenems were determined with CHROMagar ESBL (CHROMagar Company, Paris, France)<sup>16</sup> and CHROMagar KPC (CHROMagar Company, Paris, France)<sup>17</sup> respectively.

**DNA isolation**

Genomic and plasmid DNA were isolated using NucleoSpin®Tissue (Macherey-Nagel, Germany) and NucleoSpin®Plasmid (Macherey-Nagel, Germany) and were stored in -20°C.

**Multiplex PCR analysis of carbapenemase gene regions**

The reaction conditions were modified from Poirel et al.<sup>18</sup>. The Multiplex PCR mixture consisted of 1XPCR buffer (20mM Tris HCl, 10mM (NH<sub>4</sub>)<sub>2</sub>SO<sub>4</sub>, 10mM KCl, 2mM MgSO<sub>4</sub>, 0,1% Triton X-100), 0,05mM dNTP, 2U Taq polymerase (NEB, Beverly, MA), 50 µmol/L each of primers (NEB, Beverly, MA) and 2µl DNA. The primers used in this study are listed in Table 1.

Amplification was carried out with the following thermal cycling conditions: 5 minutes of pre-denaturation at 95°C, followed by 35 cycles: 1 minute at 95°C, 1 minute at 52°C, 1 minute at 72°C and 10 minutes of final elongation at 72°C (Sensoquest Labcycler, Germany).

**Table 1.** Carbapenemase gene regions<sup>18</sup>

Primer	Sequence* (5'-3')	Gene	Product size (bp)
KPC-F	CGTCTAGTTCTGCTGTCTTG	<i>bla<sub>KPC</sub></i>	798
KPC-R	CTTGTCATCCTTGTTAGGCG		
NDM-1-F	GGTTTGGCGATCTGGTTTTTC	<i>bla<sub>NDM-1</sub></i>	621
NDM-1-R	CGGAATGGCTCATCACGATC		
OXA-48-F	GCGTGGTTAAGGATGAACAC	<i>bla<sub>OXA-48</sub></i>	438
OXA-48-R	CATCAAGTTCAACCCAACCG		
IMP-F	GGAATAGAGTGGCTTAAYTCTC	<i>bla<sub>IMP</sub></i>	232
IMP-R	GGTTTAAAYAAAACAACCACC		
VIM-F	GATGGTGTTTGGTCGCATA	<i>bla<sub>VIM</sub></i>	390
VIM-R	CGAATGCGCAGCACCAG		

\*Y=C or T

*IMP*, imipenem metallo-β-lactamase; *KPC*, *Klebsiella pneumoniae* carbapenemase; *NDM*, New Delhi metallo-β-lactamase; *OXA*, oxacillinase; *VIM*, verona integron-encoded metallo-β-lactamase.

### Multiplex PCR analysis of virulence gene regions

The mix for the detection of *pap* genes consisted of 2XPCR buffer (40mM Tris HCl, 20mM (NH<sub>4</sub>)<sub>2</sub>SO<sub>4</sub>, 20mM KCl, 4mM MgSO<sub>4</sub>, 0,2% Triton X-100), 0,2mM dNTP, 2U Taq polymerase (NEB, Beverly, MA), 2,5 µmol/L each of primers (NEB, Beverly, MA) and 2,5µl DNA. The mix for the detection of other groups (*afa-sfa-fimA*, *hly-iroN-aer-cnf1-iutA*) was at the same concentrations. The primers used in this study are listed in Table 2.

**Table 2.** Virulence gene regions of *E.coli*<sup>13,14,19</sup>

Primer	Sequence (5'-3')	Product size (bp)
<i>fimA</i> fimA-F fimA-R	GTTGTTCTGTCGGCTCTGTC ATGGTGTTGGTTCCGTTATTC	447
<i>pap</i> pap1 pap2 pap3 pap4	GACGGCTGTACTGCAGGGTGTGGCG ATATCCTTTCTGCAGGGATGCAATA GCAACAGCAACGCTGGTTGCATCAT AGAGAGAGCCACTCTTATACGGACA	328 336
<i>sfa</i> sfa-F sfa-R	CTCCGGAGAACTGGGTGCATCTTAC CGGAGGAGTAATTACAAACCTGGCA	410
<i>aer</i> aer-F aer-R	TACCGGATTGTCATATGCAGACCG AATATCTTCCCTCCAGTCCGGAGAAG	602
<i>cnf-1</i> cnf-F cnf-R	AAGATGGAGTTTCCTATGCAGGAG CATTCAAGAGTCCTGCCCTCATTATT	498
<i>hly</i> hly-F hly-R	AACAAGGATAAGCACTGTTCTGGCT ACCATATAAGCGGTCATTCCCGTCA	1177
<i>afa</i> afa-F afa-R	GCTGGGCAGCAAAGTATAACTCTC CATCAAGCTGTTTGTTCGTCGCCCG	750
<i>iutA</i> iutA-F iutA-R	GGCTGGACATCATGGGAAGTGG CGTCGGGAACGGGTAGAAATCG	300
<i>iroN</i> iroN-F iroN-R	AAGTCAAAGCAGGGGTTGCCCG GACGCCGACATTAAGACGCAG	665

Amplification was carried out with the following thermal cycling conditions: 5 minutes of pre-denaturation at 95°C, followed by 30 cycles: 1 minute at 94°C, 1 minute at 58°C, 1 minute at 72°C and 10 minutes of final elongation at 72°C (Sensoquest Labcycler, Germany).

PCR products were analyzed by electrophoresis in a 1.8% agarose gel at 150 V for 2 h in 1 × TBE (89 mM Tris, 89 mM Boric Acid and 2 mM EDTA) containing 0.05 mg/L ethidium bromide and images were captured by Gel Logic 200 Molecular Imaging System (Kodak; Rochester).

### Data analysis

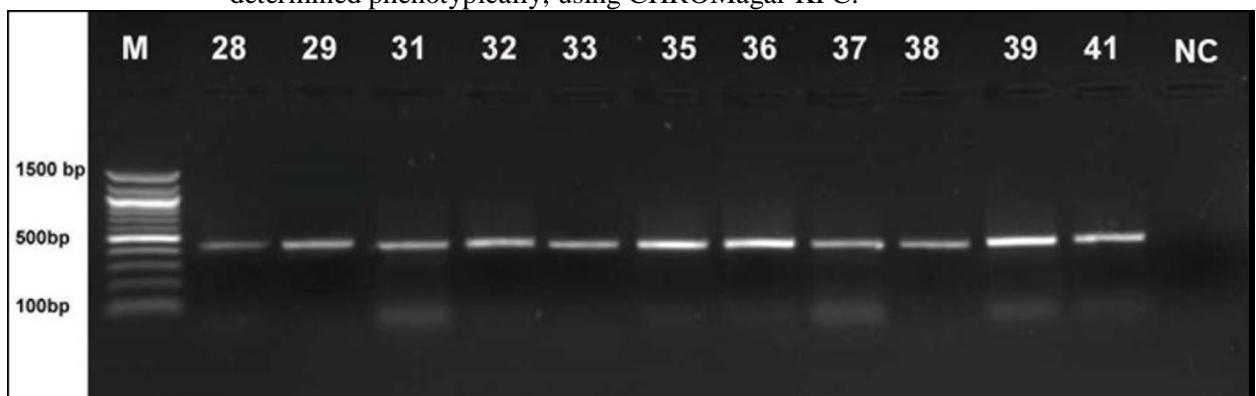
The Fisher's Exact Test were performed for all clinical data. P value of <0.05 was considered statistically significant.

## RESULTS

In total, 50 *Escherichia coli* strains were identified by microbiology standard methods and chromogenic medium.

### Analysis of the carbapenemase gene regions

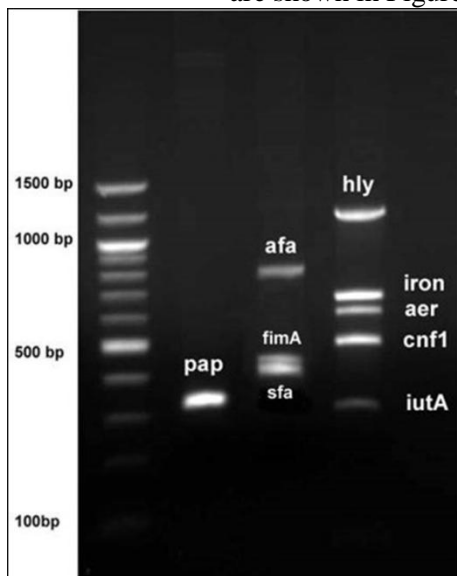
Among *E.coli* isolates, plasmid mediated oxacillinase (OXA-48) gene was determined in 11 strains (22%) (Fig. 1). Carbapenem gene regions of these isolates are given in Figure 1. Similarly, carbapenem resistance in these strains was determined phenotypically, using CHROMagar KPC.



**Figure 1.** OXA-48 type carbapenemase of *E.coli* strains (28-41; *E.coli*, NC; Negative control, M; 100 bp DNA molecular marker).

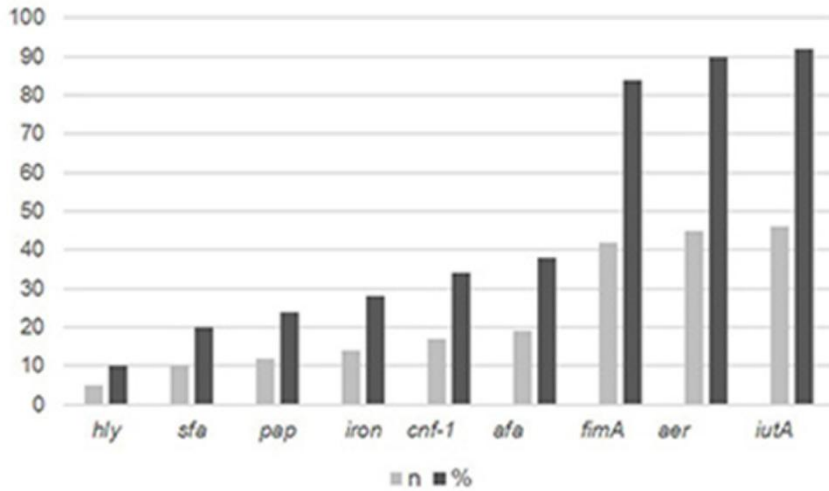
### Analysis of the virulence gene regions

In this study, nine virulence gene regions (*pap*, *afa*, *fimA*, *sfa*, *hly*, *iroN*, *aer*, *cnf-1* and *iutA*) for *E.coli* isolates were analyzed by Multiplex PCR. These gene regions are shown in Figure 2.



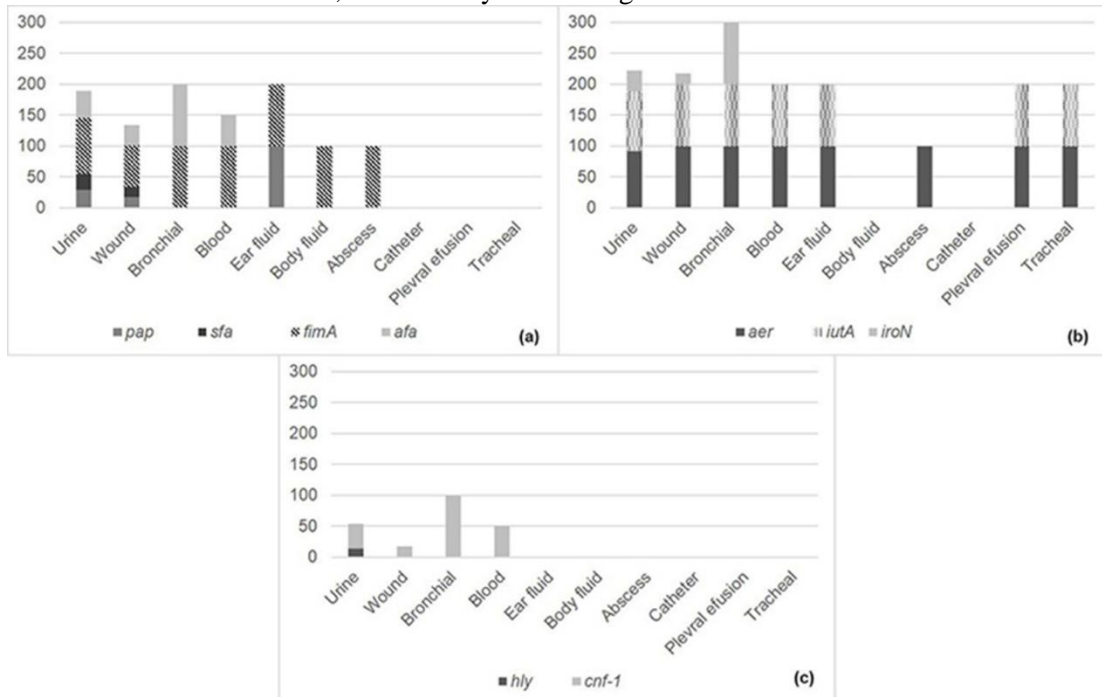
**Figure 2.** Determined virulence gene regions in *E.coli* (*pap*; 328-336 bp, *afa*; 750 bp, *fimA*; 447 bp, *sfa*; 410 bp, *hly*; 1177 bp, *iroN*; 665 bp, *aer*; 602 bp, *cnf-1*; 498 bp, *iutA*; 300 bp).

The distribution of the virulence gene regions in *E.coli* strains are shown in Figure 3. A high prevalence of virulence genes expressing siderophores (*iutA*; 92%, *aer*; 90%) in *E.coli* strains was observed. The Multiplex PCR results showed that among the strains, 84% were positive for *fimA*, 38 for *afa*, 34 for *cnf-1*, 28 for *iron*, 24 for *pap*, 20 for *afa* and 10 for *hly*. The least common virulence gene region among strains is *hly* gene region responsible for hemolysis.



**Figure 3.** Distribution of virulence gene regions in *E.coli* strains. “n” is the number of isolates that were found to possess a given gene; “%” represents n as the percentage of the 50 strains studied.

Distribution (%) of virulence factors in different clinical *E.coli* strains, as distribution of gene regions related with fimbria types (*afa*, *fimA*, *sfa* and *pap*), siderophore formation (*iron*, *iutA* and *aer*) and other virulence factors (*cnf-1* and *hly*), are shown in Figure 4. Great diversity of virulence in urine isolates were observed, whereas any virulence gene is not found in catheter.



**Figure 4.** Distribution (%) of virulence genes (a; fimbriae, b; siderophore, c; others) in different clinical sources (urine; 35, wound; 6, blood; 2, bronchial; 1, ear fluid; 1, body fluid; 1, abscess; 1, catheter; 1, pleural efusion; 1, tracheal; 1 strain).

**Virulence factor gene profiles of *E. coli* isolates**

In this study, when the carbapenem and virulence gene profiles are evaluated and 24 types of virulence profiles are identified (Table 3). In total, 98% of the strains carry at least one virulence gene.

**Table 3.** Carbapenem resistance and virulence gene profiles of *E.coli* strains

Strains	Clinical source	Carbapenem resistance	Virulence gene profiles
29	Catheter	OXA-48	<i>not determined</i>
44	Body fluid	susceptible	<i>fimA</i>
48	Urine	susceptible	
41	Urine	OXA-48	<i>fimA, iutA</i>
1	Abscess	susceptible	<i>fimA, aer</i>
28	Pleural efusion	OXA-48	<i>aer, iutA</i>
32	Wound	OXA-48	
35	Wound	OXA-48	
36	Tracheal	OXA-48	
30	Urine	susceptible	
49	Urine	susceptible	
27	Urine	susceptible	<i>aer, iutA, cnf-1</i>
7	Urine	susceptible	<i>fimA, aer, iutA</i>
19	Urine	susceptible	
40	Urine	susceptible	
43	Wound	susceptible	
33	Urine	OXA-48	<i>fimA, sfa, aer, iutA</i>
18	Urine	susceptible	<i>fimA, pap, aer, iutA</i>
45	Urine	susceptible	
46	Ear fluid	susceptible	
37	Blood	OXA-48	<i>fimA, afa, aer, iutA</i>
5	Urine	susceptible	
8	Urine	susceptible	
9	Urine	susceptible	
24	Wound	susceptible	
25	Wound	susceptible	
50	Urine	susceptible	
31	Urine	OXA-48	<i>fimA, aer, iutA, cnf-1</i>
4	Urine	susceptible	
6	Urine	susceptible	
17	Blood	susceptible	
34	Urine	susceptible	<i>fimA, sfa, aer, iutA, iroN</i>
38	Urine	OXA-48	<i>fimA, pap, aer, iutA, hly</i>
16	Urine	susceptible	<i>fimA, pap, aer, iutA, iroN</i>
21	Urine	susceptible	<i>fimA, pap, afa, aer, iutA</i>
26	Urine	susceptible	

3	Urine	susceptible	<i>fimA, afa, aer, iutA, cnf-1</i>
20	Urine	susceptible	
12	Urine	susceptible	<i>fimA, pap, afa, aer, iutA, iroN</i>
15	Urine	susceptible	
23	Urine	susceptible	<i>fimA, sfa, afa, iutA, iroN, cnf-1</i>
2	Bronchial	susceptible	<i>fimA, afa, aer, iutA, iroN, cnf-1</i>
13	Urine	susceptible	
22	Urine	susceptible	<i>fimA, sfa, aer, iutA, iroN, hly, cnf-1</i>
47	Urine	susceptible	
11	Urine	susceptible	<i>fimA, sfa, afa, aer, iutA, iroN, cnf-1</i>
42	Wound	susceptible	<i>fimA, pap, sfa, aer, iutA, iroN, cnf-1</i>
39	Urine	OXA-48	<i>fimA, pap, sfa, aer, iutA, iroN, hly, cnf-1</i>
10	Urine	susceptible	<i>fimA, sfa, afa, aer, iutA, iroN, hly, cnf-1</i>
14	Urine	susceptible	<i>fimA, pap, sfa, afa, aer, iutA, iroN, cnf-1</i>

When the virulence profiles in Table 3 are examined, carbapenem resistant *E.coli* isolated from catheter (strain 29) was not included any virulence gene regions. On the other hand, carbapenem resistant *E.coli* (strain 39) isolated from urine has eight virulence gene regions and the strain is the most virulent isolate among other.

#### Correlation between virulence genes and carbapenem resistance

The overall virulence factor productions between carbapenem resistant (n=11) and carbapenem susceptible (n= 39) *E.coli* strains are shown in Table 4. Correlation between the presence of the *fimA* or *afa* gene regions and carbapenem resistance was statistically significant ( $P < 0.05$ ). Most of *E.coli* strains carrying these genes were susceptible to carbapenem.

**Table 4.** Distribution of carbapenem resistant and susceptible *E.coli* strains

Virulence factors	Carbapenem resistant strains (n=11) (22%)	Carbapenem susceptible strains (n=39) (78%)	<i>P value</i>
<i>pap</i>	2 (18)	10 (26)	>0.05
<i>sfa</i>	2 (18)	8 (21)	>0.05
<i>fimA</i>	6 (55)	36 (92)	<b>&lt;0.05</b>
<i>afa</i>	1 (9)	18 (46)	<b>&lt;0.05</b>
<i>hly</i>	2 (18)	3 (8)	>0.05
<i>cnf-1</i>	2 (18)	15 (38)	>0.05
<i>iutA</i>	10 (91)	36 (92)	>0.05
<i>aer</i>	9 (82)	36 (92)	>0.05
<i>iroN</i>	1 (9)	13 (33)	>0.05

## DISCUSSION

Serine carbapenemases (KPC and OXA-48) and metallo-beta-lactamases (VIM, IMP and NDM) are frequently found in the members of the *Enterobacteriaceae*.<sup>20</sup> OXA-48 type carbapenemases are commonly reported in *E.coli*<sup>21</sup> and recently NDM<sup>22</sup>, IMP<sup>23</sup> and KPC<sup>24</sup> type carbapenemases have also been determined. In our study,



only OXA-48 type resistance is found in *E.coli* isolates. This plasmid-based resistance has been reported in Turkey and around the world and it is more common than other types of resistance.<sup>5,25,26</sup>

Siderophores are the most important virulence factor supporting bacterial infection in tissues and blood, in case of there is iron deficiency. Aerobactin and ferric aerobactin expressed by *aer* and *iutA* gene regions are important siderophores in *E.coli* virulence and commonly found in many isolates.<sup>10,11</sup> In this study, it is found that the most common regions for these genes were related with siderophores.

*aer* gene was reported to have the highest ratio among the virulence factor genes.<sup>13,27</sup>

Besides, a study with extraintestinal *E.coli* isolates, the highest *iutA* gene region within virulence gene regions was found and this gene region was not determined in the control isolates.<sup>12</sup> In our study, another siderophore related gene region is *iroN*.

This gene region is responsible of salmochelin and causes invasion in urothelial cells.<sup>11</sup> And also, this gene region was reported to have the highest ratio after *iutA*.<sup>12</sup>

Another virulence gene region found with high incidence in our study was *fimA* which is related to Type I fimbriae. This gene, commonly found most of the *E.coli* isolates, is observed both pathogenic and commensal isolates despite being an important virulence factor.<sup>6,8</sup> Similarly, it was reported in many studies that this gene region was more than other fimbria types.<sup>12,27,28</sup>

Urinary tract infections (cystitis, pyelonephritis etc.) which are considerably common and seen by many different symptoms<sup>8,29</sup>, the virulence factor diversity is mostly found in urine samples in this study. The most important virulence factors for urinary tract infections are fimbriae. It was reported that no important difference in presence frequency of type I fimbria between low and high virulence isolates in the urinary tract.<sup>30</sup> In our study, *fimA* was found in most of the urine samples. Similarly, in Johnson et al., this gene region, despite commonly found in most *E.coli* isolates, is thought to be specific gene region for urinary tract infection.<sup>28</sup>

*pap* gene region, particularly with pyelonephritis, plays an important role in pathogenesis of uropathogenic *E.coli*, and this gene region is highly found in the isolates of urinary tract infection<sup>29</sup> and kidneys.<sup>31</sup> Thus, this gene region is found almost three-fold lower than the results reported before. On the other hand similar result were reported in our study.<sup>13</sup> For all the studies, even for the ones with high or low percentage, it is clear that this gene region is mostly related to complicated urinary tract infections.

The decay acceleration factor (DEF) in humans, which is a glycoprotein found in hemopoietic, endothelial, intestinal and urinary cells, is a receptor for afimbrial adhesin expressed with *afa* gene region.<sup>6</sup> In our study, this gene was found in urine samples as well as blood and bronchial samples. *Sfa* gene region related with S fimbria is found in urinary tract infections as well as infections such as sepsis, meningitis like *afa* gene region.<sup>8</sup> These gene regions were reported in none<sup>29</sup> or low percentage<sup>28</sup> of the samples isolated complicated urinary tract infection and there are no specific gene regions for these infections.

Siderophores in urinary tract infections are virulence factors frequently found in most pathogenic types of *E.coli* after fimbria. Even though, *iutA* gene region was reported in high incidence in complicated urinary tract infection compared to control group and acute cholangite.<sup>29</sup> Landgraf et al. reported that relation between *iutA* gene and uropathogenics was low.<sup>32</sup> Also, salmochelin (*iroN*) was found higher than ferric aerobactin (*iutA*) in several types' urinary tract infections.<sup>11,28</sup> In our study, presence of *aer* and *iutA* gene regions in many types of clinical strains and *iroN* gene in urine shows that this gene is a siderophore specific to urinary tract infection.

Hemolysin (*hly*) is produced by various pathogenic types of *E.coli* causing extraintestinal and intestinal infections, but its effect on virulence is not completely clarified.<sup>6,8</sup> *hly* gen region being related with complicated urinary tract infections

such as pyelonephritis and cystitis is reported by many researchers.<sup>8,27,29</sup> Similarly, *cnf-1* gene region is produced in one third of the isolates causing pyelonephritis and kidney invasion.<sup>8</sup> These gene regions are especially important in development of inflammation in urinary tract infections.<sup>33</sup> Also in our study, *cnf-1* gene region was highly found in urine and *hly* gene region was only found in urine.

Although no statistically important relation found between carbapenem resistance and virulence factors in this study, the effect of beta-lactam resistance in virulence is known. The relation between the virulence factors and ESBL in *E.coli* were reported by many researchers.<sup>34,35</sup> Also, Arisoy et al. reported that increase of virulence genes were related with resistance to some antibiotics or sensitivity to others.<sup>13</sup> In recent studies, a few mechanisms were focused for the relation and one of the mechanism is the plasmids carrying antibiotic resistance [36] and others are porin loss<sup>37</sup>, modifications in penicillin binding proteins and efflux pumps mechanism.<sup>38</sup> Efflux pumps are responsible for discharging of molecules containing virulence factors regulated by quorum sensing which has a positive effect on antibiotics resistance and virulence.<sup>39,40</sup> *E.coli* strain 28 which previously reported with porin loss and OXA-48 resistance<sup>25</sup>, was determined to have gene regions related with siderophore (*aer*, *iutA*) in this study. Similarly, virulence factors were highly found in carbapenem susceptible isolates, shows that other mechanisms may have an effect on the relation between carbapenem resistance and virulence. Therefore, determining of beta-lactam group resistance, these mechanisms should be taken into consideration.

## CONCLUSIONS

Consequently, results demonstrated that virulence factors, antibiotic resistance, porin loss, multi drug efflux pump and quorum sensing molecules should be considered collective manner in the further studies about bacterial pathogenesis for developing effective treatments.

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