# **Undifferentiated Embryonal Sarcoma of the Liver in an Adult Patient**

Kemal Beksac $^1$ , Rustam Mammadov $^2$ , Turkmen Cift<br/>ci $^3$ , Gunes Guner $^4$ , Aytekin Akyo<br/>l $^4$ , Volkan Kaynaroglu $^5$ 

1. General Surgery, Dr. Abdurrahman Yurtarslan Ankara Oncology Education and Research Hospital, Ankara, TUR 2. Surgery, Hacettepe University, Ankara, TUR 3. Interventional Radiology, Hacettepe University, Ankara, TUR 4. Pathology, Hacettepe University, Ankara, TUR 5. General Surgery, Hacettepe University, Ankara, TUR

Corresponding author: Kemal Beksac, kemalbeksac@yahoo.com Disclosures can be found in Additional Information at the end of the article

## Abstract

An undifferentiated embryonal sarcoma of the liver (UESL) is a rare and highly malignant mesenchymal neoplasm that is uncommonly observed in adults. We report a case of UESL found in a 26-year-old female. Our case was initially regarded as a type II hydatid cyst and then a malignant mass in radiological studies. The patient underwent nonanatomic liver resection. There were postoperative complications, but they were handled successfully. The patient received taxol-cisplatin-ifosfamide chemotherapy protocol and is disease-free after six years. Although UESL is exceedingly rare in adults, it must be considered while evaluating large hepatic masses since curative resection has an excellent prognosis.

Categories: General Surgery, Oncology

**Keywords:** undifferentiated embryonal sarcoma of the liver, hepatic malignancy, hepatic resection, percutaneous transhepatic cholangiography

#### Introduction

An undifferentiated embryonal sarcoma of the liver (UESL), also called a malignant mesenchymoma of the liver, is a rare and highly malignant mesenchymal neoplasm that was first described in 1978 [1]. A study in 2016 reports only 198 patients in 23 series [2]. It is primarily a disease of pediatric patients and is composed of poorly differentiated cells of undetermined origin other than mesenchymal. It is a unique sarcoma of the liver due to specific clinical and histologic characteristics that no other soft tissue tumors have [3]. It was originally regarded as a very aggressive tumor with a median survival of less than one year, but due to advanced liver resections, supportive treatment modalities, and chemotherapeutic agents, many patients can be cured at present [1,4]. Surgery is mandatory in these patients due to plausible complications, such as intratumoral bleeding and rupture, which lead to high mortality [5-6]. Here, we report a UESL case in an adult patient and review the relevant literature.

#### **Case Presentation**

A 26-year-old female patient was admitted for a one-month-old abdominal pain in February 2012. The initial evaluation was consistent with a 10-cm type II hydatid cyst in the liver, and she was, therefore, referred to our center. Abdominal computed tomography (CT) in our center revealed a 17x12x17 cm mass with solid and cystic components in the left lobe of the liver (Figure 1).

#### How to cite this article

Beksac K, Mammadov R, Ciftci T, et al. (July 24, 2018) Undifferentiated Embryonal Sarcoma of the Liver in an Adult Patient. Cureus 10(7): e3037. DOI 10.7759/cureus.3037

Received 05/17/2018 Review began 06/17/2018 Review ended 07/22/2018 Published 07/24/2018

#### © Copyright 2018

Beksac et al. This is an open access article distributed under the terms of the Creative Commons Attribution License CC-BY 3.0., which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.



# FIGURE 1: Preoperative contrast-enhanced computerized tomography image of the mass

The tumor size and the location and cystic nature of the mass suggested biliary cystadenocarcinoma as a possible diagnosis. A biopsy of the mass showed an inflamed myxoid stroma with necrosis and fine needle aspiration cytology of the cystic fluid revealed necrosis with minimally atypical glandular epithelial cells.

The patient's physical evaluation was normal, except for the palpable mass in the epigastric region. Laboratory findings, liver function tests, and tumor markers (CA 19-9, CEA, and CA-125) were all normal.

The patient's surgical procedures and outcomes were as follows: nonanatomic liver, cholecystectomy, and extrahepatic biliary tract resection were performed. The right lobe anterior segment hepatic duct was anastomosed to the jejunum in Roux-en-Y fashion. The right lobe posterior segment hepatic duct was anastomosed to the common bile duct.

Bile leakage developed after the operation. Postoperative magnetic resonance imaging and magnetic resonance cholangiopancreatography revealed a leakage from the hepaticojejunostomy. Furthermore, intrahepatic bile duct dilatation was observed secondary to stenosis in both anastomoses (Figure 2*a*). The patient was referred to the interventional radiology unit. First, the infected bile collection was drained under ultrasonography and fluoroscopy guidance. Following the resolution of the collection, percutaneous transhepatic cholangiography (PTC) was performed. PTC revealed that the leakage was healed. Eight FR external biliary drainage catheters were placed for each anastomosis separately (Figure 2*b*). Next, a guide wire was inserted through the stenosis at the hepaticojejunostomy site and balloon dilatation was performed. An internal-external biliary drainage catheter was placed in this position (Figure 2*c*). However, stenosis located at the anastomosis between the right lobe posterior hepatic duct and the common bile duct could not be managed percutaneously. Therefore, open surgery was planned. Under intraoperative fluoroscopy, a guide wire was directed through the patients' external biliary drainage catheter. This wire was guided to

puncture the biliary tract proximally from the stenosis and through the liver parenchyma into the abdomen. The blind loop of jejunum was moved toward the visible catheter and a mucosal graft was applied on the catheter through a small opening made on the jejunum segment. A 10 FR internal-external biliary drainage catheter was placed at the site of this anastomosis (Figure *2d*).



FIGURE 2: A. Intrahepatic bile duct dilation secondary to obstruction. B. Placement of external biliary drainage catheter for each anastomosis. C. Placement of an internal-external biliary drainage catheter through hepatojejunostomy. D. Placement of the internal-external drainage catheter through the newly created anastomosis.

A single drain was placed near the newly created anastomosis. This time, the postoperative period was uneventful, and the patient was eventually discharged successfully. Three months later, control cholangiography revealed that both of the anastomoses were healed perfectly. Both biliary drainage catheters were consequently removed. A postoperative contrast-enhanced CT image is presented in Figure *3*.



FIGURE 3: Postoperative contrast-enhanced computerized tomography image.

The excision specimen consisted of a 25x19x10 cm well-circumscribed mass with small remnants of non-neoplastic, non-cirrhotic hepatic parenchyma at the periphery. The lesion was gray-tan in color and was made up of multiple areas of cystic degeneration, fragile fibrous septae, areas of hemorrhage, and myxoid change (Figure *4a*). Necrosis was not prominent on a macroscopic examination. A microscopic examination revealed widespread cystic degeneration, hemorrhage, and necrosis along with small hypercellular nodules and myxoid areas harboring neoplastic cells. Neoplastic cells displayed moderate pleomorphism and nuclear hyperchromasia. Although the lesion seemed well-circumscribed macroscopically, microscopy showed tumor cells infiltrating between hepatocyte cords (Figure *4b*). Immunohistochemically, neoplastic cells were strongly and diffusely positive for CD56 (Figure *4c*) and focally positive for vimentin (Figure *4d*), CD10, WT1 (cytoplasmic), Factor VIII, and desmin (Figure *4e*). Pancytokeratin (CK) (Figure *4f*), ER, PR, CD31, lysozyme, smooth muscle actin, CD68, myoD1, HepPar1, and CD34 were negative in tumor cells. Rare PAS-positive, diastase-resistant, intracytoplasmic material was detected in some neoplastic cells (Figure *4g*).



FIGURE 4: A. The tumor indicated was 25 cm in its largest dimension and consisted of multiple areas of cystic degeneration separated by gray to tan septae of variable thickness (scale bar, 1 cm). B. Non-neoplastic hepatocyte cords (arrow) were infiltrated by spindle to oval-shaped, pleomorphic neoplastic cells. Foci of hemorrhage were common (asterisk) (H-E, x20, scale bar 100 um). Neoplastic cells were diffusely positive for CD56 (C), focally positive for vimentin (D) and desmin (E). Pancytokeratin was negative (F). PAS-positive, diastase-resistant intracytoplasmic material was detected in a rare neoplastic cell (G) (C-F, x20, scale bar 100 um. G, x40, scale bar 5 um).

The proliferation index (PI), as demonstrated by Ki67 immunohistochemistry, was approximately 30% (not shown). In some cells that lined the multicystic-degenerated areas, rare intracytoplasmic mucin droplets were noted. These cells expressed CK19 and were considered to be remnants of trapped bile duct elements (not shown).

After surgery, the patient received the taxol-cisplatin-ifosfamide chemotherapy protocol (Table 1). The patient is currently disease-free after six years of follow up.

Chemotherapeutic	Dosage	Administration Method	Application Days
Paclitaxel	175 mg/sqm	i.v.	Day 1
Cisplatin	20 mg/sqm	i.v.	Day 1-5
Ifosfamide	1000 mg/sqm	i.v.	Day 1-5
Mesna	1000 mg/sqm	i.v.	Day 1-5
Pegfilgastrim	6 mg	s.c.	Day 6

#### TABLE 1: Taxol-Cisplatin-Ifosfamide chemotherapy protocol

i.v.: intravenous, s.c.: subcutaneous, sqm: square meter

#### **Discussion**

UESL is a rare primary mesenchymal tumor in children but there have been a few reports in adults as well [7-10]. These often present as masses with solid and cystic components. Due to the rarity of UESL in adult patients, these patients are often misdiagnosed as hepatic abscess, hemorrhage cystic tumor, or hydatic cyst, as in this case [11].

UESL has no specific clinical characteristics. Some patients may present with various nonspecific gastrointestinal symptoms, such as nausea, vomiting, abdominal pain, diarrhea, and jaundice. A large liver mass along with persistent weight loss is apparent in most adult cases. UESL is not associated with cirrhosis. Liver functions and tumor markers, such as AFP, CEA, and CA 19-9, are normal in most cases, such as this one. UESL can be observed in either of the lobes of the liver and sometimes in both of them [12-13].

Macroscopically, UESL is a large, well-circumscribed mass with areas of cystic degeneration, necrosis, hemorrhage, and occasional gelatinous appearance, and the tumor is surrounded by a fibrous pseudocapsule with the direct invasion of the adjacent parenchyma, consistent with our findings. The cellular component is composed of medium to large spindled or stellate cells with marked nuclear pleomorphism [14-15]. Although its pathologic origin is unclear, studies have shown histiocytic, lipoblastic, myoblastic, myofibroblastic, rhabdomyoblastic, and leiomyoblastic differentiation [16]. UESLs are usually diffusely positive for vimentin and a1-AT and focally positive for cytokeratin, desmin,  $\alpha$ -SMA, muscle-specific actin, CD68, myoglobin, neuron-specific enolase, S100, and CD34, suggesting that an embryonal sarcoma is undifferentiated [17]. Diffuse CD56 immunoreactivity was reported in eight UESL cases and is an emerging biomarker to help the diagnosis of UESL [18]. Periodic Acid Schiff positive and diastase-resistant intra- and extracytoplasmic globules may be observed in UESL [18], as was seen in our case. Cytology material contained sloughed-off biliary epithelial cells of preexisting bile ductules trapped between the degenerated masses and fibrous septae of the tumor.

The standard treatment of UESL includes complete resection of tumor and combined adjuvant chemotherapy [19]. There is no universally accepted chemotherapy protocol for UESL. In our case, we utilized the taxol-cisplatin-ifosfamide protocol indicated in Table 1. Liver transplantation may also be an option for patients with unresectable tumors. Radical resection is also recommended for recurrent cases [4]. While the initial reports gave unfavorable results, advances in liver resection techniques and supportive modalities improve outcomes, as

demonstrated in our study. This patient had a troubled postoperative period due to stenosis in anastomoses. However, they were managed successfully due to modern techniques, particularly those related to interventional radiology. Nowadays, long-term survival rates are reported to be between 70% and 100% [20]. This patient is disease-free after six years of follow up.

## Conclusions

UESL is a challenging diagnosis. It should be included in the differential diagnoses of large liver masses, regardless of patient age. It is an aggressive tumor, but a combined therapy of complete resection and chemotherapy has a very good prognosis. Complete resection is the most important step for long-term survival.

# **Additional Information**

#### **Disclosures**

Human subjects: Consent was obtained by all participants in this study. Conflicts of interest: In compliance with the ICMJE uniform disclosure form, all authors declare the following: Payment/services info: All authors have declared that no financial support was received from any organization for the submitted work. Financial relationships: All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work. Other relationships: All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

#### References

- 1. Stocker JT, Ishak KG: Undifferentiated (embryonal) sarcoma of the liver: report of 31 cases . Cancer. 1978, 42:336-348.
- Techavichit P, Masand PM, Himes RW, et al.: Undifferentiated embryonal sarcoma of the liver (UESL): a single-center experience and review of the literature. J Pediatr Hematol Oncol. 2016, 38:261-268. 10.1097/MPH.0000000000529
- 3. Lee KH, Maratovich MN, Lee KB: Undifferentiated embryonal sarcoma of the liver in an adult patient. Clin Mol Hepatol. 2016, 22:292-295. 10.3350/cmh.2015.0102
- 4. Zhang H, Lei L, Zuppan CW, Raza AS: Undifferentiated embryonal sarcoma of the liver with an unusual presentation: case report and review of the literature. J Gastrointest Oncol. 2016, 7:100-106. 10.3978/j.issn.2078-6891.2015.020
- Gabor F, Franchi-Abella S, Merli L, Adamsbaum C, Pariente D: Imaging features of undifferentiated embryonal sarcoma of the liver: a series of 15 children. Pediatr Radiol. 2016, 46:1694-1704. 10.1007/s00247-016-3670-3
- 6. Hung TY, Lu D, Liu MC: Undifferentiated (embryonal) sarcoma of the liver complicated with rupture in a child. J Pediatr Hematol Oncol. 2007, 29:63-65. 10.1097/MPH.0b013e318030ac25
- 7. Noguchi K, Yokoo H, Nakanishi K, et al.: A long-term survival case of adult undifferentiated embryonal sarcoma of liver. World J Surg Oncol. 2012, 10:65. 10.1186/1477-7819-10-65
- Mori A, Fukase K, Masuda K, et al.: A case of adult undifferentiated embryonal sarcoma of the liver successfully treated with right trisectionectomy: a case report. Surg Case Rep. 2017, 3:19. 10.1186/s40792-017-0295-1
- Treitl D, Roudenko A, El Hussein S, Rizer M, Bao P: Adult embryonal sarcoma of the liver: management of a massive liver tumor. Case Rep Surg. 2016, 2016:5625762. 10.1155/2016/5625762
- 10. Hong WJ, Kang YN, Kang KJ: Undifferentiated embryonal sarcoma in adult liver. Korean J Pathol. 2014, 48:311-314. 10.4132/KoreanJPathol.2014.48.4.311
- 11. Kalra N, Vyas S, Jyoti Das P, Kochhar R, Srinivasan R, Khandelwal N: Undifferentiated embryonal sarcoma of liver in an adult masquerading as complicated hydatid cyst. Ann Hepatol. 2011, 10:81-83.
- 12. Moon WK, Kim WS, Kim IO, Yeon KM, Yu IK, Choi BI, Han MC: Undifferentiated embryonal sarcoma of the liver: US and CT findings. Pediatr Radiol. 1994, 24:500-503.

- Li XW, Gong SJ, Song WH, Zhu JJ, Pan CH, Wu MC, Xu AM: Undifferentiated liver embryonal sarcoma in adults: a report of four cases and literature review. World J Gastroenterol. 2010, 16:4725-4732. 10.3748/wjg.v16.i37.4725
- Walker NI, Horn MJ, Strong RW, Lynch SV, Cohen J, Ong TH, Harris OD: Undifferentiated (embryonal) sarcoma of the liver. Pathologic findings and long-term survival after complete surgical resection. Cancer. 1992, 69:52-59. 10.1002/1097-0142(19920101)69:1<52::AID-CNCR2820690111>3.0.CO;2-L
- Ma L, Liu YP, Geng CZ, Tian ZH, Wu GX, Wang XL: Undifferentiated embryonal sarcoma of liver in an old female: case report and review of the literature. World J Gastroenterol. 2008, 14:7267-7270. 10.3748/wjg.14.7267
- Zheng JM, Tao X, Xu AM, Chen XF, Wu MC, Zhang SH: Primary and recurrent embryonal sarcoma of the liver: clinicopathological and immunohistochemical analysis. Histopathology. 2007, 51:195-203. 10.1111/j.1365-2559.2007.02746.x
- Kiani B, Ferrell LD, Qualman S, Frankel WL: Immunohistochemical analysis of embryonal sarcoma of the liver. Appl Immunohistochem Mol Morphol. 2006, 14:193-197. 10.1097/01.pai.0000173052.37673.95
- Perez-Gomez RM, Soria-Cespedes D, de Leon-Bojorge B, Ortiz-Hidalgo C: Diffuse membranous immunoreactivity of CD56 and paranuclear dot-like staining pattern of cytokeratins AE1/3, CAM5.2, and OSCAR in undifferentiated (embryonal) sarcoma of the liver. Appl Immunohistochem Mol Morphol. 2010, 18:195-198. 10.1097/PAI.0b013e3181bb2493
- Almogy G, Lieberman S, Gips M, et al.: Clinical outcomes of surgical resections for primary liver sarcoma in adults: results from a single centre. Eur J Surg Oncol. 2004, 30:421-427. 10.1016/j.ejso.2004.01.004
- Ismail H, Dembowska-Baginska B, Broniszczak D, et al.: Treatment of undifferentiated embryonal sarcoma of the liver in children—single center experience. J Pediatr Surg. 2013, 48:2202-2206. 10.1016/j.jpedsurg.2013.05.020