Nuray Yıldız*, Çağlar Ateş, Mehmet Yılmaz, Dürdane Demir, Atila Yıldız and Ayla Çalımlı Investigation of lichen based green synthesis of silver nanoparticles with response surface methodology

Abstract: In this study, silver (Ag) nanoparticles were successfully biosynthesized from AgNO, through a simple green route using the lichen extract [Cetraria islandica (L) Ach] as a reducing and stabilizing agent. The mean sizes of spherical Ag nanoparticles with diameters ranging from 5 nm to 29 nm were obtained at different reaction conditions. The nanoparticles were characterized using transmission electron microscopy (TEM), energy dispersive X-ray (EDX), ultraviolet-visible (UV-VIS) and Fourier transform infrared spectroscopy (FTIR) techniques. Response surface methodology (RSM) was used to investigate the effects of temperature, reaction time and AgNO₂/lichen ratio on green synthesis of Ag nanoparticles. The results showed that the increase in reaction time and AgNO₂/ lichen ratio caused a decrease of particle size and the increase in temperature resulted in bigger particles.

Keywords: biosynthesis; *Cetraria islandica* (L)Ach; characterization; lichen; RSM; silver nanoparticles.

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1 Introduction

In recent years, metal nanoparticles have taken attention, due to their superior electronic, catalytic, optical and magnetic properties [1]. Among the metal nanoparticles, silver (Ag) nanoparticles have attracted considerable attention due to their wide applicability [2–5]. In addition to their antibacterial activity which has been known since ancient times [6], various attributes of Ag nanoparticles have been determined such as antifungal activity [7], antiinflammatory effects [8] antiviral activity [9] antiangiogenesis activity [10] and antiplatelet activity [11]. There is a variety of chemical and physical techniques to prepare metal nanoparticles, such as chemical reduction [12, 13], electrochemical reduction [14, 15], photochemical reduction [16, 17] and heat evaporation [18, 19]. Although there are different techniques to synthesize metallic nanoparticles, these methods have many disadvantages, for instance, the use of hazardous chemicals, high energy consumption and generation of hazardous by-products [20].

Nowadays, increasing awareness to develop environmentally benign methods has led to a desire to apply green chemistry techniques and other biological processes for the synthesis of nanoparticles. These processes have several advantages such as cost-effectiveness, simplicity, applicability to biomedical and pharmaceutical systems and reproducibility in a large scale [21].

There have been numerous reports in literature of synthesizing Ag nanoparticles via the biosynthesis route. Lately, plant and plant extracts [22, 23], yeast [23], fungi [24], bacteria [25] and mushrooms [26] have been used to obtain Ag nanoparticles for nontoxic production [27].

To the best of our knowledge, the use of lichen extract has not been investigated so far in the synthesis of Ag nanoparticles. Lichens are symbiotic associations consisting of a fungus and one or several algal or cyanobacterial components [28]. Cetraria islandica (L)Ach is a lichen species which has been used through the ages in folk medicine in many countries. It was reputed to be effective in treatment of pulmonary tuberculosis, throat irritation, gastritis, dry cough, diabetes, hemorrhoids, bronchitis and dysentery. Neither toxic effects nor drug interactions were reported with the use of C. islandica. C. islandica contains high proportions of polysaccharides (lichenan and isolichenan) and several secondary metabolites (such as protolichesterinic acid and fumarprotocetraric acid) [29, 30]. Bearing in mind the role of polysaccharides in the synthesis of nanoparticles, we intended to develop a

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green synthesis route to obtain Ag nanoparticles using *C*. *islandica* as a reducing agent.

Although there are many studies in literature, controllable green synthesis of Ag nanoparticles is still a major challenge that should be eliminated. Response surface methodology (RSM) is a reliable method to examine controllable biosynthesis of Ag nanoparticles. In this study, it is the first time to investigate green synthesis of Ag nanoparticles using the extract of *C. islandica* via RSM. RSM design was applied to determine the effects of temperature, reaction time and AgNO₃/ lichen ratio (ml/ml) on controllable green synthesis of Ag nanoparticles. Synthesized nanoparticles were characterized by transmission electron microscopy (TEM), energy dispersive X-ray (EDX), ultraviolet-visible (UV-VIS) and Fourier transform infrared spectroscopy (FTIR) analyses.

2 Materials and methods

2.1 Materials

The lichen (*C. islandica*) was collected from the middle Anatolian region of Turkey (Yapraklı, Çankırı). Silver nitrate (AgNO₃) was purchased from Sigma-Aldrich Chemicals. Aqueous AgNO₃ solution (10 mM) was prepared using double distilled water.

2.2 Extraction of C. islandica

The lichen was washed with copious quantities of deionized water and cleaned under an optical microscope to remove surface impurities and extraneous materials. Lichen samples were ground to a fine powder for extraction. Powdered lichen material was extracted by Soxhlet extraction with ethanol and the extract was filtered and stored at 4°C for further experiments.

2.3 Synthesis of Ag nanoparticles by *C. islandica* extract

In a typical reaction procedure, the proper amount of lichen extract was added to 10 mM aqueous $AgNO_3$ solution. The mixture was stirred in a shaking incubator (Zhicheng ZHWY-200B, China) at constant rate (350 rpm). The resulting solution became pale yellow in color.

2.4 Characterization of Ag nanoparticles

UV-VIS spectroscopic studies of synthesized Ag nanoparticles were carried out using a Shimadzu-UV 1601 (Japan) spectrophotometer in a range between 300 nm and 900 nm. The morphology and size distribution of Ag nanoparticles were analyzed by TEM (FEI Tecnai Gz F30, USA) with EDX. In order to determine the functional groups on the dried lichen extract and their possible involvement in the synthesis of Ag nanoparticles, FTIR analysis was carried out with a Shimadzu 8400 S FTIR (Japan) spectrophotometer in a range of 450–2000 cm⁴. The FTIR spectra of *C. islandica* extract were taken before and after the synthesis of Ag nanoparticles.

2.5 Experimental design with RSM

RSM consisting of a group of empirical techniques was used in the present report. The method was devoted to the evaluation of relations between controlled experimental parameters and the measured responses according to one or more criteria [31]. An experimental design such as the central composite design (CCD) to fit a model by the least squares technique was used in RSM. If the proposed model is suitable, as revealed by the diagnostic checking provided by an analysis of variance (ANOVA), contour plots can be usefully exploited to study the response and locate the optimum.

The previous studies showed that the temperature, reaction time and $AgNO_3/lichen$ extract agent ratio are important parameters for synthesis of Ag nanoparticles. The effects of these variables on synthesis of Ag nanoparticles were studied using RSM. The most common experimental design used in RSM is the CCD, which has equal predictability in all directions from the center. According to the CCD, the total number of combinations is $2k+2k+n_0$, where *k* is the number of independent variables and n_0 is the number of repetitions of the experiments at the center point [32].

The range and the levels of the variables investigated in this study are shown in Table 1. On the basis of

 Table 1
 Coded value of the independent variables and experimental ranges.

Independent variables	Range and level					
	-1.68	-1	0	1	1.68	
Time, min (x_i)	19.09	60	120	180	220.91	
AgNO ₃ /lichen ratio (ml/ml) (x_2)	0.31	1.5	3.25	5	6.19	
Temperature (°C), (x_3)	16.48	25	37.5	50	58.52	

preliminary experiments, the range of temperature, reaction time and $AgNO_3$ /lichen extract ratio were chosen as 25–50°C, 60–180 min and 1.5–5 (ml/ml), respectively.

The test variables, in the model equation were coded according to the equation (1):

$$x_i = \frac{X_i \cdot X_i^*}{\Delta X_i} \tag{1}$$

where x_i is the coded value of the *i* th independent variable, X_i is the uncoded value of the *i* th independent variable, X_i^* is the uncoded value of the *i*th independent variable at the center point and ΔX_i is the step change value. The response of the system was expressed by the following second degree polynomial equation [32]:

$$Y = B_0 + \sum_{i=1}^{n} B_i x_i + \sum_{ij} B_{ij} x_i x_j + \sum_{j=1}^{n} B_{jj} x_j^2$$
(2)

where *Y* is the predicted response, three variables are involved and hence *n* takes 3 in this study. Thus by substituting the value 3 for *n*, Eq. (2) becomes:

$$Y = B_0 + B_1 x_1 + B_2 x_2 + B_3 x_3 + B_{12} x_1 x_2 + B_{13} x_1 x_3 + B_{23} x_2 x_3 + B_{11} x_1^2 + B_{22} x_2^2 + B_{33} x_3^2 + \varepsilon$$
(3)

where x_1 , x_2 and x_3 are input variables; B_0 is a constant; B_1 and B_2 are linear coefficients; B_{12} is the interaction

coefficient, $\rm B_{_{11}}$ and $\rm B_{_{22}}$ are quadratic coefficients and ε is experimental error.

In this study, 2^3 full factorial CCD for three independent variables each at five levels with six axial points (with an axial distance of ±1.68 for making this design orthogonal) and six replicate at the center points was employed to fit a second order polynomial model which indicated that 20 experiments were required for this procedure (Table 2). The size of Ag nanoparticles was chosen as the response variable measured by TEM analysis.

The "Design Expert" software (version 6.06, Stat-Ease Inc., Minneapolis, MN, USA) was employed for regression and plotting of the data obtained. The fit of the regression model was checked by the adjusted coefficient of determination (R_{adj}^2). The statistical significance of the model was determined by the application of Fisher's F test.

3 Results and discussion

To confirm the formation of Ag nanoparticles by lichen extract, UV-VIS spectral analyses were performed. The effects of reaction time, temperature and $AgNO_3$ /lichen ratio on Ag nanoparticles are shown in Figure 1. The characteristic surface plasmon absorption bands are observed between 405 and 438 nm. This observation indicates the formation of nanometer sized Ag nanoparticles in all runs.

Table 2 Experimental design for coded and real values with related response (mean particle size).

Exp. run	X ₁	x ₂	X ₃	Time (min)	AgNO₃/lichen ratio (ml/ml)	Temperature (°C)	Mean particle size (nm) (response)
1	-1	1	1	60	5.00	50.00	18.4
2	1.68	0	0	220.91	3.25	37.50	9.5
3	1	1	-1	180	5.00	25.00	9.9
4	0	0	0	120	3.25	37.50	6.6
5	-1	1	-1	60	5.00	25.00	11.5
6	0	0	0	120	3.25	37.50	6.6
7	1	-1	1	180	1.50	50.00	5.6
8	-1.68	0	0	19.09	3.25	37.50	21.8
9	-1	-1	-1	60	1.50	25.00	6.9
10	0	0	1.68	120	3.25	58.52	6.9
11	0	0	0	120	3.25	37.50	6.1
12	0	0	0	120	3.25	37.50	7.1
13	0	-1.68	0	120	0.31	37.50	9
14	0	0	0	120	3.25	37.50	6.7
15	0	1.68	0	120	6.19	37.50	28.6
16	1	-1	-1	180	1.50	25.00	10
17	0	0	0	120	3.25	37.50	6.6
18	1	1	1	180	5.00	50.00	12.9
19	-1	-1	1	60	1.50	50.00	8.6
20	0	0	-1.68	120	3.25	16.48	10.9



Figure 1 UV-visible spectra of silver colloids. (A) The effect of reaction time at constant temperature $(40^{\circ}C)$ and $AgNO_{3}/lichen$ ratio (3.25) (a) 220 min, (b) 120 min and (c) 20 min. (B) The effect of reaction temperature at constant time (120 min) and $AgNO_{3}/lichen$ ratio (3.25) (a) 60°C, (b) 40°C and (c) 15°C. (C) The effect of $AgNO_{3}/lichen$ ratio at constant time (120 min) and temperature (40°C) (a) 0.31, (b) 3.25 and (c) 6.

The increase in the absorbance values with increasing reaction time (20–220 min) represents the higher production of Ag nanoparticles (Figure 1A). UV-VIS spectral measurement illustrates that the peak became sharper and the color of solution samples changed rapidly to pale yellow by increasing time. This result indicates the formation of Ag nanoparticles in a few minutes. The time needed to form Ag nanoparticles in our study was much lower than the earlier reports [33, 34]. Decrease in temperature and AgNO₃/lichen ratio also resulted in increase of absorbance values (Figures 1B–1C). Increasing the reaction temperature from 15°C to 60°C caused a decrease in the value of the surface plasmon resonance (SPR) band, depending on particle size distribution. Intensity of color and the SPR band maxima increased with increase in the lichen extract dosage (i.e., lower AgNO₃/lichen ratio, see Figure 1C). The increase in the SPR band with decreasing AgNO₃/lichen ratio represents the higher production of Ag nanoparticles, which is due to the availability of more reducing biomolecules for the reduction of Ag ions. The higher Ag nanoparticles' size is obtained at high AgNO₃/ lichen ratio due to the lack of biomolecules [35].

Figures 2-4 show representative TEM images and the corresponding size distribution histogram of Ag nanoparticles. The effects of reaction time at a constant temperature (40°C) and AgNO₂/lichen ratio (3.25) are presented in Figures 2A-2C. From the size distribution histogram in Figure 2A, we could identify that the synthesized nanoparticles were distributed in a size range <15 nm. The histogram shows that there are variations in the particle sizes, with almost 50% of the particles in the 9 nm range, 27% in the 14 nm range and 15% in the 4 nm range; there were small percentages in the long range diameters of 2, 3, 7, 8, 11 and 18 nm. Furthermore, the variation of size is possibly due to the fact that the nanoparticles are formed at different times. Figure 2B shows two notable size distributions of particles, one having diameters in the range 1-7 nm and the others in the range 7-14 nm. Two broad size distributions of particles are also obtained in Figure 2C, one having diameters in the range 1-10 nm and the other with some larger diameters in the range 10-60 nm. The TEM images and histograms showing the effect of reaction temperature on the nanoparticle size are given in Figures 3A-3C. As the reaction temperature increases from 15°C to 60°C, the nanoparticles' sizes varies between 2 nm and 23 nm, 1 nm and 14 nm and 1 nm and 17 nm, respectively, and the average particle size decreases from 10.9 nm to 6.9 nm. The increase in reaction temperature results in a higher reaction rate and lower particle size as stated earlier. The TEM images and histograms in Figures 4A-4C show that the particle size increases with decrease in lichen extract dosage (i.e., higher AgNO₂/lichen ratio). The results show that at the highest AgNO₂/lichen ratio, two size distributions of particles are obtained, one with diameters in the range 1-15 nm and the other larger particles varying from 16 nm to 118 nm. The increase in particle size is due to a lack of enough reducing biomolecules for the reaction of Ag ions.

The EDX spectrum of run 12 (see Table 1) demonstrates the presence of Ag, Cu and some other elements due to the reduction of Ag ions in the presence of biomolecules (Figure 5). Herein, the signal of Cu is related to the



Figure 2 Typical transmission electron microscopy (TEM) images and the corresponding size distribution histograms of synthesized Ag nanoparticles at constant temperature $(40^{\circ}C)$ and AgNO₃/lichen ratio (3.25): (A) 220 min, (B) 120 min and (C) 20 min.

background from the supporting copper grid. The optical absorption peak observed at approximately 3 keV confirms the presence of nanocrystalline elemental Ag [34].

FTIR analysis was carried out to identity the possible biomolecules account for the reduction of $Ag^{\scriptscriptstyle +}$ ions and

efficient stabilization of Ag nanoparticles synthesized using lichen extract. FTIR spectra of dried lichen extract and Ag nanoparticles are shown in Figure 6. The FTIR spectral analysis revealed the presence of absorption peaks at 1750 cm⁻¹, 1650 cm⁻¹, 1270 cm⁻¹ and 840 cm⁻¹. These



Figure 3 Typical transmission electron microscopy (TEM) images and the corresponding size distribution histograms of synthesized Ag nanoparticles at constant reaction time (120 min) and $AgNO_3$ /lichen ratio (3.25): (A) 60°C, (B) 15°C and (C) 40°C.

bands are attributed to alkene, ester, ether and aromatic structures in the lichen extract. The absorption band at 1750 cm⁻¹ is due to carbonyl stretching vibration of the acid groups of different fatty acids present in the lichen extract and the band at 1650 cm⁻¹ is the characteristic peak of amide [9]. Some other peaks at 1270 cm⁻¹ (C-O, C-N) and 840 cm⁻¹ (O-H) are also observed (Figure 6A). A comparison between the spectra of untreated samples to the treated samples of Ag nanoparticles revealed alterations in the position as well as on the magnitude of the absorption bands (Figure 6A and 6B). After the bioreduction of $AgNO_3$, the shift of bands towards a lower frequency in the Ag nanoparticles indicates the efficient adsorption of lichen extract on the surface of the Ag nanoparticles and also the shift in the peak at 1750 cm⁻¹ towards a lower frequency is attributed to binding of -C=O group with nanoparticles (Figure 6B). Small shifts in band positions at 1650 cm⁻¹ and 1270 cm⁻¹ are assigned the electrostatic



Figure 4 Typical transmission electron microscopy (TEM) images and the corresponding size distribution histograms of synthesized Ag nanoparticles at constant reaction time (120 min) and temperature (40° C): (A) AgNO₃/lichen: 0.30, (B) AgNO₃/lichen: 3.25, (C) AgNO₃/lichen: 6.

attractive forces between amino groups in polysaccharide and Ag⁺ nanoparticles. Our FTIR findings collaborate with reports in the literature where polysaccharides are responsible for reduction and stabilization of Ag nanoparticles [36].

3.1 Experimental design with RSM

On the basis of preliminary experiments, the effects of AgNO₃/lichen ratio, time and temperature on the size of Ag nanoparticles were studied with RSM. Average particle



Figure 5 Energy dispersive X-ray (EDX) spectrum (120 min, 3.25 AgNO₃/lichen extract ratio, 60°C).

sizes represented in Table 2 are obtained from TEM images of each run by measuring much more than 100 particles. The application of RSM yields the following regression equation, which is an empirical relationship between the particle size of Ag nanoparticles and test variables in a coded unit. The second order polynomial equation for nanoparticle synthesis is as follows:

$$Y = 6.76 \cdot 2.03^{*}x_{1} + 4.00^{*}x_{2} + 0.035^{*}x_{3} + 2.25^{*}x_{1}^{2} + 3.37^{*}x_{2}^{2}$$
$$-0.13^{*}x_{3}^{2} - 0.90^{*}x_{1}^{*}x_{2} - 1.25^{*}x_{1}^{*}x_{3} + 1.58^{*}x_{2}^{*}x_{3}$$
(4)

where *Y* is the response, that is particle size of Ag nanoparticles and x_1 , x_2 and x_3 are coded terms for the test



Figure 6 Fourier transform infrared spectroscopy (FTIR) spectra of (A) dried lichen extract and (B) dried powder of silver nanoparticles.

variable, time, AgNO₃/lichen ratio and temperature, respectively.

A summary of the ANOVA is given in Table 3. The ANOVA of quadratic regression model represents that the model is highly significant, as is evident by the Fisher's F-test value being 4.35, with a low probability value (Pmodel>F, 0.0156) lower than 0.05. Although the lack of a high F-value makes the model weaker, ANOVA results show that the reaction time and AgNO₃/lichen ratio have a significant effect on the particle size. The goodness of the fit of the model is checked by determination of the regression constant (R^2) value. In this model, R^2 and the adjusted regression constant (R^2_{adj}) are determined as 0.80 and 0.61, respectively. In the model, an adequate

 Table 3
 ANOVA test results to determine accuracy of particle size model test.

	F	Prob>F
Model	4.35	0.0156
<i>X</i> ₁	4.10	0.0704
X ₂	15.93	0.0026
X.3	1.196E-003	0.9731
x_{1}^{2}	5.35	0.0432
x_{2}^{2}	11.95	0.0062
x_{3}^{2}	0.018	0.8951
x ₁ x ₂	0.47	0.5071
X ₁ X ₃	0.91	0.3618
X,X,	1.45	0.2563
Lack of fit test	268.26	< 0.0001
Standard deviation		3.70
R ²		0.80
R^2_{adj}		0.61

precision value showing the ratio of response to deviation is found and required to be higher than 4. The obtained ratio of 7.136 indicates an adequate signal in the cause of optimization for Ag nanoparticles synthesis.

Corresponding p values suggest that, among the test variables used in this study, x_2 (AgNO₃/lichen ratio), x_1 (time), x_1^2 (time)², x_2^2 (AgNO₃/lichen ratio)² are significant model terms with p values <0.05. Other interactions are found to be insignificant. The regression coefficient (R²) of the model is 0.80, which implies that the model adequately indicated the relationships among the selected parameters. The plots of three-dimensional response surfaces with one variable kept at constant level and the other two varying with the experimental ranges are given in Figures 7A–C. The nature of the counter plots represents that the mutual interaction between particle size and AgNO₃/lichen extract ratio and time is more than that between particle size and time or temperature. As can be seen, the mean size of Ag nanoparticles decreases by

increasing the reaction time and decreasing the $AgNO_3/$ lichen extract ratio.

Similar findings were reported in literature. Dubey et al. [23] found that with an increase in levels extract quantity, the particle size of synthesized Ag nanoparticles decreased and Ag nanoparticles possessed more uniform shape. Janardhanan et al. [37] showed that increasing the AgNO₃ concentration from 3 mM to 300 mM caused an increase of particle sizes from 40 nm to 630 nm, growing towards bulk Ag.

In literature, Ag nanoparticles with diameters ranging from 2 nm to 500 nm were obtained (Table 4) by different agents. These data show that lichen extract used as a reducing and stabilizing agent in this study has high efficiency for synthesizing Ag nanoparticles.

Experimental results clearly indicate that a highly safe and ecofriendly controllable green synthesis was developed for synthesis of Ag nanoparticles in aqueous lichen extract. Using different lichen extracts as reducing



Figure 7 Three-dimensional counter plots. (A) Particle size as a function of time and $AgNO_3$ /lichen extract ratio at constant temperature (37.5°C), (B) as a function of time and temperature at constant $AgNO_3$ /lichen extract ratio (3.25) and (C) as a function of temperature and $AgNO_3$ /lichen extract ratio at constant time (120 min).

References	Nanoparticle size range (nm)	Stabilizing and reducing agent
Bar et al. [22]	10-20	Latex of Jatropha curcas
Bar et al. [2]	15–20	Seed extract of Jatropha curcas
Philip [26]	~15	Edible mushroom extract
Thakar et al. (review) [27]	2-500	Different bacteria, fungi, yeast, algae, plant and plant extracts
Kalishwaralal et al. [10]	10-50	Brevibacterium casei
Philip [38]	~4	Honey
Bankar et al. [39]	~300	Banana peel extract
Sathiyanarayanan et al. [36]	~6	Bacillus subtiles (MSBF17)
Prakash et al. [40]	55-83	Leaf extract of <i>Mimusops elengi</i> , Linn.
Kumar et al. [41]	50-100	Alternanthera dentata leaf extract
Sun et al. [42]	20-90	Tea leaf extract
Dong et al. [43]	3–17	Hydroxy propyl methyl cellulose
In this study	5-29	Lichen extract [Cetraria islandica (L)Ach]

agents, similar controllable studies can be conducted to synthesize various metal nanoparticles such as gold, platinum, palladium, copper, titanium, chrome, zinc etc. for various applications.

4 Conclusion

In the present work, Ag nanoparticles were synthesized by using lichen extract (*C. islandica* (L)Ach) as a reducing and stabilizing agent and the method applied was effective and truly a green approach. The statistically optimized medium was economically feasible for biosynthesis of Ag nanoparticles for commercial applications.

Apart from being environmentally benign, there is a key advantage of using lichen extract as a reducing agent. From the results obtained, it was found that the mean size of Ag nanoparticles with diameters ranging from 5 nm to 29 nm may be controlled by varying the $AgNO_3$ /lichen extract ratio, reaction time and temperature. Ag nanoparticle production using this process may be useful for biological applications, due to the biocompatibility of lichen extract.

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